



# CHAPTER 14

## SKILL GUIDES

### Outdoor Emergency Care: A Patroller's Guide to Medical Care, Sixth Edition

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## Skill Guide 14-1

Date: \_\_\_\_\_

(CPI) = Critical Performance Indicator

Candidate: \_\_\_\_\_

Start Time: \_\_\_\_\_

End Time: \_\_\_\_\_

### Administration with an Epinephrine Auto-Injector

Objective: Demonstrate the steps for properly using portable epinephrine auto-injectors (14-4)			
Skill	Max Points	Skill Demo	
Criteria met: Determines the Scene is Safe, Initiates Standard Precautions, Introduces Self & Obtains Permission to treat/help	-	-	
Ensure that the medication is prescribed for the patient by checking the name on the medication. Do not use if expired or discolored.	1		CPI
Remove the medication from its protective package Remove the safety cap from the auto-injector. Use your dominant hand to grasp the auto-injector firmly. Avoid placing your thumb over either end of the auto-injector.	1		
Assist the patient by placing the tip of the auto-injector against the patient's outer thigh muscle (halfway between the hip and knee). If possible, wipe the skin with an alcohol wipe first. In an extreme emergency, the auto-injector may be administered through clothing.	1		
Assist the patient with firmly pushing the tip against the thigh until the needle deploys. (You should hear an audible "click" as the medication is being injected into the thigh muscle.) Maintain firm pressure for 10 seconds so that needle does not come out of skin. Remove the auto-injector, and dispose of it in a suitable container.	1		
Massage the injection site for 10 to 20 seconds.	1		

Note the time and dose at which the drug was administered, and document.	1		
Must receive 6 out of 6 points.			

Comments: \_\_\_\_\_

Failure of any of the CPIs is an automatic failure.

Evaluator: \_\_\_\_\_ NSP ID: \_\_\_\_\_

PASS    FAIL