



CHAPTER 15

SKILL GUIDES

Outdoor Emergency Care: A Patroller's Guide to Medical Care, Sixth Edition

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Skill Guide 15-1

Date: _____

(CPI) = Critical Performance Indicator

Candidate: _____

Start Time: _____

End Time: _____

Administering Nitroglycerin

Objective: To demonstrate assisting a patient in the administration of nitroglycerin.			
Skill	Max Points	Skill Demo	
Criteria met: Determines the Scene is Safe, Initiates Standard Precautions, Introduces Self & Obtains Permission to treat/help	-	-	
Check systolic blood pressure to ensure it is over 100 mm Hg.	1		
Check the medication to ensure it is prescribed for the patient and that it has not expired.	1		CPI
With disposable gloves on, remove one tablet from the bottle and place the tablet in the patient's hand. If using nitroglycerin sublingual spray, do NOT shake the metered-dose spray.	1		
Instruct the patient to place the medication under the tongue and allow it to dissolve completely. Tell the patient not to chew or swallow the tablet. If necessary, assist the patient by instructing to lift their tongue and place the medication in place. If using nitroglycerin sublingual spray, assist patient in applying one spray beneath the patient's tongue.	1		
Must receive 3 out of 4 points.			

Comments: _____

Failure of any of the CPIs is an automatic failure.

Evaluator: _____ NSP ID: _____

PASS FAIL